



Lanier Cheerleading 2022/2023

Team	Tryout Material Clinic	Official Tryout Date
Competition	All material posted online www.laniercheer.com by Wednesday, March 17 th .	March 22nd @ 3:00 (Jayhawks) March 23rd @ 3:30pm (Commons) Sign up on Sign-Up Genius Attire: Black on black, bow & cheer shoes. No jewelry, no painted or long nails and hair pulled up and out of your face.
Spirit	March 28th & 29th 2:30-4:00 (12 th & 11 th) 4:30-6:00 (10 th & 9 th) Check in @ the Commons. Tryouts will be in the main/aux gym. Attire: Any proper athletic clothes and cheer shoes. No jewelry, no painted or long nails and hair pulled up and out of your face.	March 31st 3:00-4:30 (12 th & 11 th) 4:30-6:00 (10 th & 9 th) Check-in @ the Commons Attire: Black on black, bow & cheer shoes. No jewelry, no painted or long nails and hair pulled up and out of your face

All Forms can be found on www.laniercheer.com

REMEMBER!

- Physicals- must have current physical on file prior to tryouts
- Eligibility- must be academically eligible per GHSA
- Teacher Recommendations- must have 3 from **current** teachers-**due March 18th**
- Complete Google Forms and all Rank One Forms
- Attendance/Discipline Requirements –reviewed case-by-case

**Results will be posted on www.laniercheer.com
April 2nd for ALL teams**

QUESTIONS? CONTACT:
Coach Mathews: Linsey.S.Mathews@gcpski2.org

Dear Parents,

Your child has expressed a desire to try out for the 2022-2023 LHS 9th/JV/Varsity Spirit and Competition Cheerleading Teams. We are excited that your child has chosen to pursue participation in this sport and look forward to this experience! Being a LHS Cheerleader is a large responsibility, in that students are expected to attend every practice and every game, as well as maintain their grades and meet all financial obligations. Please take the time to discuss with your child the commitment and responsibility of being involved in this program.

Requirements:

- 1) Prospective cheerleaders must meet school eligibility requirements, as well as attendance and behavior expectations. As leaders in both the school and community, LHS Cheerleaders are expected to maintain the leadership and integrity of this program and those involved. There is **no tolerance** for disrespect of self or others; We **expect** our cheerleaders to act appropriately and responsibly both in and out of school. Because of the extensive amount of time, we spend together, as well as the responsibility for each child that we personally must assume as coach, we must be able to trust that all participants will always conduct themselves accordingly.
- 2) You must have returned all previously equipment before trying out.
- 3) Current physical forms must be on file to participate. All physical forms are due by **March 18th**, or the prospective cheerleader may not tryout (per GHSA regulations). There is no way around this rule, and there are no exceptions, whatsoever.
- 4) All teacher recommendation forms, google forms, and Rank One forms must be turned in by **March 18th** to participate.
- 5) Prospective cheerleaders must attend every day of tryouts to participate. Missing a day will only impact the ability to learn material effectively unless you are involved in a spring high school sport.
- 6) Summer camp/choreography dates are **mandatory** for all cheerleaders. Having the schedule in advance will allow you to schedule vacations and other plans accordingly. ***If you cannot commit to the summer practices and schedule requirements, you should not try out.***
- 7) Being a LHS Cheerleader also carries a financial obligation for the parents and/or students. The total amount necessary will be available after tryouts, if not before.

Please review all the above considerations and requirements with your child as you make your final decision regarding cheerleading. If you have questions or concerns, please feel free to contact Coach Linsey Mathews (Linsey.S.Mathews@gcpsk12.org) with any questions. We look forward to meeting you and your cheerleader!

Cheerfully Yours,
LHS Cheer Coaching Staff

The coaching staff will be evaluating applicants throughout the tryout days and will select candidates based on (but not limited to) the following criteria:

Area	CRITERIA
Ability to learn & remember	Learns quickly and retains material.
Motions	Sharpness, correct levels, no bent wrists, etc.
Performance & Showmanship	Ability to perform cheers/chants taught at tryouts, rhythm/dance ability, coordination, & facial expressions. Enthusiastic, strong voice projection, good facials; ability to lead crowd!!!
Jumps	Good height and form, proper timing in cheers and dance, can do multiple jumps with good form and height
Tumbling (if applicable)	Good height & form, proper timing when incorporated into material, level of difficulty, can do in combination with jump(s)
Work Ethic	Positive attitude, works well with others, self-disciplined, responds appropriately to constructive criticism
Appearance	Short fingernails that are not painted, no jewelry, athletic shoes, t-shirt, and athletic shorts; hair should be neatly pulled up so that it does not rest on shoulders.

Other criteria taken into consideration:

- Previous years cheering-Coach recommendations
- Voice
- Flexibility
- Attitude and Teamwork
- Teacher recommendations

The needs of the team will be considered. Candidates will be placed on teams based on the judge's criteria. There is no set number of cheerleaders for each squad or set grade level.

Tryouts are closed to parents, friends, peers, & any spectator other than current senior cheerleaders, who will teach the cheer, chant, stunts, dance, etc.

Formal tryouts will be closed to everyone.

Previous participation in the LHS cheer program does not guarantee a spot on one of our 2022-2023 squads.

Requirements for ALL LHS Cheer teams:

1. Conduct themselves properly at all times. You are representatives of yourself, your family, your team, and your school.
2. Respect of coaches, boosters, and other cheerleaders is always expected, in and out of practice. Cheerleaders are expected to cooperate with all who are involved in cheerleading.
3. Attend all activities (fundraisers, practices, games, etc). Outside activities should not interfere with cheerleading. Work is not an excuse.
4. Participation on a cheerleading all-star team is acceptable; however, responsibilities to the LHS team must come first.
5. Failure to turn in money/fees on time will not be tolerated. Items will not be ordered until payment is processed.
6. Cheerleader must follow all rules as outlined in the LHS Student Handbook.

Fundraising

All Cheerleaders and their parents are strongly encouraged to participate in fundraising. This should be a 100% group effort of everyone involved in the program. Fundraising is an integral part of the athletic program. Expenses raised in fundraising efforts help to offset costs for: banquet, competitions, senior festivities, team meals, spirit wear, team bonding, trips, etc. **If a cheerleader chooses not to participate in fundraising efforts, then an additional fee will be charged to that cheerleader**

**Results will be posted www.laniercheer.com by
Saturday, April 2nd**